



How To Keep Treating Healthy  
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Treats are a universal way to show our furry friends how much we care. They're also a vital tool for pet parents who rely on tasty rewards to train frisky pups and playful kitties. However, healthy treats for dogs and cats can be so much more than a reward.

Acting as both tooth scrubbers and breath fresheners, the right treats can [protect your pet's teeth](#) while delighting their taste buds. With that in mind, let's look at how to find healthy cat treats and healthy dog treats that will reward you and your pet with happy mouths and healthy habits.

### Reasons to give your pet treats

Treats aren't just about indulgence; they can also be instrumental in turning your furball into a happy, healthy, well-behaved delight.

#### Training

Training is an essential part of keeping your pet safe and yourself sane. With the right rewards, such as healthy dog treats for your pooch, or healthy cat treats for your kitty, training can even be fun! Tasty incentives help your pet to think of training as a positive

experience. This makes training more enjoyable for you both, as you gain a more attentive pet, and your pet gains some delicious rewards!

## **Reinforcing good behaviour**

When your pet behaves well, offering a treat reinforces their good behaviour, making it more likely they'll do it again. When your excitable pooch waits patiently by the door instead of jumping on guests, or your couch-scratching cat finally uses the scratching post – that's when healthy treats for dogs and cats can be a delicious way to reinforce good behaviour.

## **Dental care**

Healthy treats for cats and dogs can even promote dental health, like [GREENIES™](#) scientifically-formulated dental treats. These healthy treats for dogs and cats help reduce plaque and tartar buildup, keeping your pet's teeth clean and gums healthy.

## **Pet treats as part of a balanced diet**

It's easy to get carried away with treats, but they should complement a balanced diet, not replace it. Even with the best-behaved pet in the world, moderation is key to avoid obesity and other health issues.

## **Using treats to address specific concerns**

Treats can also be a strategic tool to help address specific health concerns your pet might have, such as teeth cleaning and bad breath. [GREENIES™ Feline Dental Treats](#) and [GREENIES™ Dental Dog Treats](#) are specially-formulated to protect your pet's oral health and are a great way to supplement your cat or dog's dental routine.

## **Teeth cleaning**

Healthy dental treats can help prevent dental problems, such as gum disease or tooth loss, by cleaning your pet's teeth as they chew. Healthy cat treats use their crunchy texture to help scrape off plaque and tartar with every bite. Similarly, dental chews work well as healthy dog treats as their chewy texture cleans down to the gumline and freshens your dog's breath.

## **Bad breath**

If you thought cuddling with your furball couldn't get any better, imagine snuggling up without encountering their [bad breath](#). Healthy dog treats and healthy cat treats use herbs like spearmint and rosemary to neutralise odours and naturally freshen your pet's breath.

As you can see, healthy treating is simple, fuss-free, and rewarding for you and your pet. By choosing healthy treats for cats and dogs, you can boost your furball's wellbeing, improve their manners, and delight their taste buds. Your pets will thank you with wagging tails and purrs of joy! Treat yourself to more tips to keep your furball safe, satisfied, and squeaky clean at our blog.

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