Dog Dental Care 101: How to Keep Your Dog's Teeth Clean
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Did you know that 80% of dogs show signs of dental disease by the age of three? Oral health is a crucial aspect of your dog’s overall well-being, but it’s often overlooked. From bad breath to serious health problems like infections affecting the heart or kidneys, poor dental hygiene can significantly impact your furry friend.

The good news? Keeping your dog’s teeth clean doesn’t have to be difficult. With the right knowledge and a consistent routine, you can ensure your dog’s pearly whites stay healthy and strong.

Signs of Dental Problems in Dogs

Dogs often suffer in silence. Here are a few warning signs to watch for that could indicate dental issues:

- **Bad breath:** Persistent odour is a common sign of dental disease.
- **Discoloured teeth:** Brown or yellow stains can indicate plaque or tartar build-up.
- **Red or swollen gums:** Inflamed gums are a sign of gingivitis.
- **Difficulty eating or chewing:** If your dog is avoiding hard foods or chewing on one

side, their teeth or gums could be hurting.

Spotting these signs early can help prevent more serious issues. If you notice any of them, make sure to book a dental check-up with your vet!

Tips to Maintain your Dog's Dental Health

Maintaining your dog’s oral health is simpler than you may think. With some practical steps, you can create a dental care routine that works for you and your pup. Here are 6 simple ways to support your dog’s oral hygiene:

- **Brush Their Teeth Regularly**

Brushing your dog’s teeth is one of the most effective ways to prevent plaque and tartar buildup. Use a dog-friendly toothpaste (never human toothpaste!) and start with short, positive sessions to help them adjust. Click here for tips on how to brush your dog’s teeth at home.

- **Check for Warning Signs**

Routine inspections can help catch signs of dog dental disease early. Look out for red, swollen gums, bad breath, or discoloured teeth. If you notice any of these signs, book an appointment with your vet.

- **Schedule Professional Cleanings**

Just like humans, dogs benefit from regular dental check-ups. A professional cleaning from your vet every 6-12 months ensures deeper cleaning, removes stubborn tartar, and provides a comprehensive check-up of your dog’s oral health.

- **Introduce Dental Chews**

GREENIES™ Dental Treats are not only delicious but also designed to help remove plaque and tartar. Their unique chewy texture allows your dog to sink their teeth deep into the treat, cleaning the surface of the teeth and promoting gum health.

- **Feed a Diet that Supports Dental Health**

Choose high-quality dog food designed with dental health in mind. Crunchy kibbles or specialised dental diets can help scrape plaque off teeth while your dog eats.

- **Provide Chew Toys**

Durable chew toys can help keep your dog entertained and clean their teeth at the same time. Look for toys specifically designed for dental hygiene, as these help massage gums and remove softer plaque buildup.

The Science Behind GREENIES™ Dental Treats: Do Dental Chews Really Help Clean Your Dog’s Teeth?

Dental care can be a challenge, especially for dogs that don’t enjoy brushing at home. While there’s no substitute for regular and professional oral care, GREENIES™ Dental Treats are a simple way to make maintaining your dog’s oral health at home fun and tasty. Here’s why you should consider adding them to your daily routine:

- Unique Texture: Specially designed for your dog’s teeth to sink in right up to the gums without crumbling and reduce plaque and tartar buildup with every bite.
- Scientifically Proven: Independent testing found that dogs that were given one GREENIES™ Dental Treat per day averaged 54% less tartar accumulation and 47% less plaque accumulation in a 28-day feeding study compared to dogs who received dry dog food alone.
- Flavour-Packed: Available in a variety of flavours to suit even the pickiest eaters, from original to blueberry and sweet potato.
- They freshen your pet's breath, making your snuggle sessions a far more pleasant experience.

Make GREENIES™ Dental Treats part of your dog’s daily routine and see the difference in their smile and breath! Click here to see our range of dental chews and treats for dogs.

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