



A Guide To Your Pets Oral Health
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A Guide To Your Pet's Oral Health

Teeth cleaning might be a staple of our daily human routine but it's also a crucial habit for your pet. According to the Australian Veterinary Association, [80% of dogs and cats\(open in new tab\)](#) show signs of oral health issues by the age of three.

These issues aren't just painful, they can also lead to more serious health issues. That's why dental care for cats and dogs is essential for healthy and happy pets.

Why your pet's oral health is important

Keeping your pet's pearly whites in tip-top shape is about so much more than [fresh breath](#) (though that's a bonus!) Neglecting your [pet's oral hygiene\(open in new tab\)](#) leads to a buildup of bacteria which can enter the bloodstream if left untreated and cause serious health issues, affecting your furry friend's heart, liver, and kidneys.

Additionally, poor dental care for dogs and cats affects their quality of life. Dental diseases are painful and can make eating and other activities difficult for your pet.

Oral health in dogs

A dog's mouth is a busy place! From chewing on toys to munching on treats, their teeth need regular care to stay strong and healthy.

Common dental diseases in dogs

Gingivitis, periodontal disease, and tooth decay are all common dental diseases in dogs and cause significant pain and discomfort. Gingivitis is a mild inflammation of the gums and often leads to periodontal disease.

Periodontal disease occurs when plaque buildup hardens into tartar, causing severe gum inflammation and tooth loss. Tooth decay, though less common in dogs than in humans, happens when hard tooth enamel is eroded to create cavities and decay.

Oral health in cats

Dental care for cats must be proactive and consistent to keep your feline's mouth in good shape.

Common dental disease in cats

Similar to dogs, periodontal disease and gingivitis are common in cats and affect their oral health in the same way. Tooth resorption, which can destroy a cat's teeth from the inside out, is another prevalent dental disease. As this is tremendously painful, tooth extraction is sometimes necessary to alleviate the discomfort.

How to take care of your pet's oral health

The good news is that dental care for cats and dogs doesn't have to be a chore. With the right approach, you can turn it into [an enjoyable bonding experience](#) for both you and your pet.

A consistent routine

Consistency is key when it comes to dental care for dogs and cats. Build a [daily tooth brushing routine](#) using pet-safe toothpaste. Start slowly, allowing your pet to get used to the process, and gradually increase the brushing time. Don't forget to use lots of positive reinforcement!

The right food & dental treats

Food can be your friend when it comes to keeping your pet's teeth strong, sharp, and clean. Dental treats and chews, like [GREENIES™ Dental Treats](#), can reduce plaque and tartar build-up. With both dog and cat varieties, these treats are specially designed to scrub your pet's pearly whites with every bite, making your life easier and their teeth healthier. Better yet, these treats come in a variety of delicious flavours so your pet's mouth can be clean and satisfied at the same time.

Trips to the vet

Early detection and treatment of dental issues can prevent more serious health problems down the line. That's why regular vet visits for professional cleanings and dental disease checks are essential in ensuring the best dental care for dogs and cats.

Taking care of your pet's oral health is a vital part of being a pet parent. However, it doesn't need to be time-consuming or stressful. Simple, daily habits can ensure your furry friend stays healthy, happy, and grinning for years to come. For more dental care tips, visit the GREENIES™ blog.

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